

< 2018
2018-2021
2022

verbetering
in 2022

Ulrum 30 juli

Herzien 31 juli 2022

10km

voor 10+km

Naam - handicapscore	PR '18-'21	referentie	Aantal deelnames	punten totaal 7 beste resultaten			punten
					21,1	5	
1 Ger Coster	0:44:09	0:22:04	5	4970,75			
2 Edwin Kok	0:40:49	0:20:24	4	4015,26	1:38:09	0:23:15	996,31
3 Chris Ruigendijk	0:41:42	0:20:51	4	4004,81			
4 Rieta Steeman	1:00:07	0:30:04	4	3932,42			
5 Wim Havinga	0:59:07	0:29:33	4	3930,00	2:31:22	0:35:52	985,00
6 Sander de Vries	1:00:15	0:30:08	4	3878,13			
7 Mara Kuipers	0:56:13	0:28:07	3	3034,30			
8 Ingrid de Boer	0:58:32	0:29:16	3	3005,68			
9 Alex Oskam	0:44:59	0:22:29	3	3001,50	1:45:59	0:25:07	997,89
10 Peter Pettinga	0:40:03	0:20:02	3	2989,51			
11 Robert van Dijken	0:55:53	0:27:57	3	2977,47	2:21:21	0:33:30	977,53
12 Cor Klomp	0:47:29	0:23:44	3	2974,25	1:59:17	0:28:16	984,68
13 Thom Snijder	0:48:05	0:24:02	3	2968,97			
14 Peter v.d. Hulst	0:49:41	0:24:50	3	2963,23	2:10:05	0:30:50	974,55
15 Miranda v.d. Molen	0:55:07	0:27:33	3	2945,00	2:20:43	0:33:21	985,00
16 Henk Schuitema	0:47:44	0:23:52	3	2919,17	2:03:13	0:29:12	979,08
17 Richard v.d. Werff	0:41:48	0:20:54	2	1996,48			
18 Johan Koster	0:58:26	0:29:13	2	1981,84			
19 Bart Jonk	0:45:28	0:22:44	2	1965,00			
20 Rianne Bijzet	0:48:05	0:24:03	2	1965,00			
21 Ben Stellingwerf	0:32:40	0:16:20	2	1919,63			
22 Harm Jan Krijgsheld	0:58:06	0:29:03	1	1016,00			
23 Johanna Vroom	0:59:09	0:29:35	1	1014,27			
24 Rieka Reiffers	0:59:41	0:29:51	1	1010,31			
25 Erik Stam	0:57:26	0:28:43	1	1009,71			
26 Vera Verhagen	0:47:55	0:23:58	1	1008,54			
27 Geert Reiffers	0:46:09	0:23:04	1	1004,54			
28 Alwin Kruijt Spanjer	0:42:28	0:21:14	1	1003,38			
29 Annemarije Souër	0:43:04	0:21:32	1	1001,70			
30 Heino Pot	0:53:20	0:26:40	1	1001,23			
31 Harmen Stam	0:38:14	0:19:07	1	999,91			
32 Marlies Krikke	0:59:13	0:29:37	1	998,50			
33 Nienke Bouwman	0:49:18	0:24:39	1	997,79			
34 Rieta van Heuveln	0:59:34	0:29:47	1	990,69			
35 Rinze Kramer	0:44:40	0:22:20	1	985,21			
36 Irene Wigboldus	1:05:31	0:32:46	1	985,00			
37 Arianne Hooghuis	1:05:31	0:32:46	1	985,00			
38 Peter Bijzet	0:58:41	0:29:20	1	980,00			
39 Edward Pechler	0:37:25	0:18:43	1	977,59			
Check aantal			83		8		